

End of Year Review!

2023

CENTRO
TEPEYAC 
Women's Center



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centrotepeyac.org

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Year in Review

Our mission: We encourage, educate, and empower women and men to make life-giving decisions for themselves and their unborn children. We do this by being the first point of contact through gentle, compassionate counseling, practical support, and walking with our clients every step of the way.

Centro Tepeyac baby!



Clients celebrate feast day of Our Lady of Guadalupe!



Diosmary and client with her class certificate



Donations from American Heritage Foundation



Our clients' children play in the new toy room!



Client and her daughter enjoy the makeup class!

Answering a Call

How else is the Lord calling us to serve within our ministry?

While gaining a deeper understanding of our clients' challenges, fears, and goals, we realized the need for a more holistic approach. To provide a more complete level of support, we go beyond just physical assistance and also address emotional and spiritual wellbeing.



Caring for our community

The majority of the women who seek our services are *low-income, Latin-American women*.

They are aware that abortion is morally wrong, but still find themselves in situations where they feel compelled to do so due to *financial strain* and *pressure from family*.

Most have *never* experienced a nurturing, *loving* environment in their personal *relationships*, be it romantic, familial, or otherwise.

They are often trapped in cycles of *abuse* and *neglect* that have been passed down from generation to generation.

We realized that a visit to Centro Tepeyac is more than a free pregnancy test to them; it's an *opportunity to encounter the love of Christ*.





The Difference You Made...

Centro Tepeyac had a groundbreaking year in 2023. We continued to provide our primary services – *pregnancy tests and counseling*– to our 280 plus clients. We welcomed our new Executive Director, Julie Kilmer, in June. We also expanded our services to *parenting and health classes* to create an environment for our clients to grow in *knowledge, friendship, and faith*. We do this to empower them and give them support as they journey through this *beautiful stage in life as mothers*.

THE POWER OF SUPPORT: SAVING LIVES

Lucia*, a *16-year-old* girl, visited Centro Tepeyac in July. Upon receiving a positive test result, she was *pressured* by her mother and grandmother to make the problem "disappear."

They were *ashamed* of her for getting pregnant at such a young age. Despite wanting to keep her child, Lucia had no support. But with *emotional support* from our counselors, she bravely *chose life*. Today, she has a healthy baby boy and regularly checks in with her *life-affirming counselor*.



**name changed for privacy*

Fostering a Sense of Community

Sandra*, who is 38 weeks pregnant, *works tirelessly* packaging food to make ends meet. After a long day, she returns to her empty home – her *boyfriend left her* when he found out she was pregnant, a situation she and many other women describe as "typical." Although she usually wears a *brave face*, during one of our biweekly small group meetings for moms, *she opened up* about her struggles and how she sometimes locks herself in her room to *cry and pray*.

With her family in Guatemala and *lack of trustworthy friends*, Sandra is not alone in *feeling isolated*. The other women in the group shared similar experiences, as *friendship* and good companionship seem to be *luxuries* that are hard to come across.

One of our primary objectives with these women's groups, whether they involve *spiritual formation*, *parenting classes*, or *nutrition classes*, is to *create an environment where genuine friendship can thrive*.



**name changed for privacy*

BOOSTING SELF-ESTEEM WITH CENTRO TEPEYAC

Susana* was one of the seven Centro Tepeyac moms in our *make-up class*. She shared with us that she seldom wore make-up due to her *busy schedule* caring for her children or working as a babysitter. By the end of the class, led by our very own Diosmary Reynoso, Susana's confident and *radiant smile* spoke volumes.

At Centro Tepeyac, we believe that true *beauty* is more than skin-deep, but we also want to provide women with opportunities to care for themselves and recognize their *worthiness of love and care*.

Best part? Her 2-year-old daughter Magdalena got to join in on the fun too!

**names changed for privacy*



Not just Clients - Community Members

Clara*, a client who recently gave birth to her son Jose*, has been staying at home to care for him while her partner is at work. Despite enjoying motherhood, Clara occasionally *feels lonely* at home. She reached out to us, asking if she could *volunteer her time* because she's *grateful* to Centro Tepeyac for helping her during her pregnancy. It's with *her help and creativity* that we were able to create beautiful friendship bracelets that will be sold at a local fundraiser.

**names changed for privacy*



Clara hard at work with Jose at her side.



Clara's miraculous medal bracelets!

Jose smiling in his car seat!



Thank you so much!

We would like to thank you so much for being part of the Centro Tepeyac Family! Your donations, time, and prayers have made a huge difference for us this year.



Centro Tepeyac, most importantly asks for your prayers. We entrust our work to Our Lady of Guadalupe to protect the mothers who cry out for support and for their children. Our Lady of Guadalupe, pray for us!

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